

Reiki Prayer

I call upon Dr. Usui, Dr. Hayashi, and Madam Takata.

I call upon the Holy Spirit, my higher self, my angels, my ancestors, light beings and universe.

I ask you to help guide and support me for only what is in my highest healing and good.

I ask that you assist me in allowing the Reiki to flow where ever it needs to go throughout my body without using my own life force.

I ask that I am shielded from all lower vibrational frequencies and energies.

I call back my power from all corners, people, places and situations that have been draining, syphoning intentionally or unintentionally from all realms, worlds, directions and timelines.

I am safe, sovereign and protected.

I call upon my most sovereign self.

I claim my sovereignty.

I ask that the Reiki flows and that I do everything with integrity.

I speak with integrity.

I speak words of enlightenment, that everything is flowing out is for and from my highest good.

I surrender to the flow of Reiki for and from my highest good.

Spirit is in a state of grace forever.
Your reality is only Spirit.
Therefore you are in a state of grace forever

ACIM Lord's prayer

Forgive us our illusions, Father, and help us to accept our true relationship with You, in which there are no illusions, and where none can ever enter. Our holiness is Yours. What can there be in us that needs forgiveness when Yours is perfect? The sleep of forgetfulness is only the unwillingness to remember Your forgiveness and Your Love. Let us not wander into temptation, for the temptation of the Son of God is not Your Will. And let us receive only what You have given, and accept but this into the minds which You created and which You Love. Amen

When your peace is threatened or disturbed in any way, say to yourself:
I do not know what anything, including this, means. And so I do not know how to respond to it. And I will not use my own part learning. Or the light to guide me now.